



Campus Connection

The weekly newsletter for
St. Joseph, St. Mary, & St. William Camp

HOW TO THRIVE DURING ADVENT!

People are tired and stressed with so much to do. Children can be cranky; parents can be irritable. Consider the six suggestions below as ways to not only survive but to actually thrive during Advent.

A Appreciate feelings! Feelings add spark to our lives and a depth that helps define who we are. Feelings make our lives richer. Feelings need to be recognized and managed. Staying away from expressions like: "you should not feel that way;" "big boys don't cry;" "smile;" "don't be afraid," and instead, recognizing feelings assists in the development of healthy emotional well being. Denying one's feelings or the feelings of another can wreck havoc on self-esteem. All of us have a right to own our own feelings. Feelings of both stress and joy are often prevalent during this time of year! Both need to be acknowledged and managed.

D Daily bestow affection! Healthy families feel at ease with affection. No one is too old for a hug, a hand squeeze, a pat on the back, etc. The need for human touch is what connects us and helps us be whole. There is nothing mushy or silly about affection within the family. It actually helps all of us grow together to be healthy individuals.

V Value bad moods also! When you let others and yourself name your bad mood and do not put yourself under pressure to get rid of it, you are adding to your emotional health. "Put on a happy face," is denying the current dark mood. Once "bad moods" are named and accepted, they can be managed. Denying them can be harmful!

E Enjoy laughter and one another! Laughter is not only the best medicine, it is what keeps families healthy and happy. Laughter helps reduce stress, especially a holiday time. Making up jingles about chores, about sibling relationships can add a sense of buoyancy and lightness in stressful moments. Silly-ness de-stresses hectic environments!

N Natural talents need to be encouraged! This is the time of year when everyone gets to use his or her talents to make other happy and encourage them to celebrate Christ's birth with joy and peace. Children or parents have a great opportunity to use musical talents; homemade gifts are cherished at this time a year; poems and stories are shared with new insights; Christmas cookies are creatively decorated; all have a chance to use their talents to create a joyful celebration of the God who has given us the talents!

T Talk about what really matters! During this season talking about how much God loves us is important. God loved us so much that he gave us Jesus who showed us how to live and love. Sharing dreams, hopes, fears and aspirations helps build a healthy family intimacy and increases our capacity to love. Sitting quietly before the Christmas tree after the major Christmas rush is over lends itself to talking about what rejuvenates our souls and gives us the courage to continue on our faith journeys.

Maureen Gallagher, Director

NEED TO KNOW

Art on Display

The second graders at St. Mary's Campus have their art work on display at the Waukesha County courthouse beginning December 11th through the 21st. The "mummy cases" are part of Mrs. Lange's art instruction, teaching the children about Egyptian art and art history.

The Lorax Project

Weekly environmental advice from 5th graders at St. William Campus:

Use a reusable container for your snacks and in your lunch instead of a plastic bag.

FUNDRAISERS

Scrip

- Scrip orders for the week of December 11th were \$72,784 with \$3,680 in profit.
- Cash & Carry will be sold this Friday, December 1st at St. William Campus from 8:30 – 9:00 a.m., at St. Joseph Campus from 10:30 – 11:30 a.m., and at St. Mary Administrative Offices from 2:30 – 3:30 p.m.
- Bonus discounts during December:
 - Until 12/29 Eddie Bauer is 14% and Circuit City is 4%
 - Until 1/31/07 J.C. Penney is 7%
- December order schedule
 - Scrip delivery this week will be on Friday, December 15
 - **Last December Order to receive in time for Christmas** (as long as there are no back orders) is as follows:
 - **Order by Thursday, December 14 at noon** **Receive order Thursday, December 21**



Auction Update

Do you have a donation? The *auction donor card forms* are available at each of the campus offices.

WE APPRECIATE YOU

Thank You Scrip Workers

We are happy to report the volunteers who fill the Scrip orders on Thursdays have been busy. We appreciate your work each week. Thank you to Melanie Sikma, Mary Morris, Martha Mirsberger, Terry Schneider, Maribeth Karpinski, and team leader Sheryl Stuart.

RECOGNITION

Alum News

Jenny Baumann, a current Catholic Memorial High School student and soccer player, is a graduate of St. Joseph Middle School and is a member at St. William Parish.

Catholic Memorial midfielder Jenny Baumann has just been named to the NSCAA All-American team. During her first three years at Catholic Memorial, Jenny Baumann has scored 40 goals and produced 8 assists. Coach John Burke described Baumann as "a role model for all young girls who hope to play soccer at the highest level. Jenny does so much so well. She serves as a soccer coach for children with special needs, is a straight-A student, leads effectively as a captain of a state championship team, and plays soccer with great skill and sportsmanship." Throughout her career at CMH, Jenny Baumann has demonstrated leadership, dedication, integrity, and resilience. All of these qualities led to her earning the honor of All-American this year.

Save the Date - COUPON, Cut and take the following with you when you go....



**Waukesha Catholic - Christmas Village Light
Display
At Country Springs 2006**

On Sunday, December 17 from 5:00-10:00 p.m. Country Springs will donate \$5 to Waukesha Catholic for each car going through the "Country Christmas Light Display" with this COUPON.

It is \$15 dollars per carload. Take this coupon and present it at the gate when you pay. Country Springs will give us \$5 for every coupon they receive.

Christmas Entertainment

The St. Joe's Chorus and Band students performed today for the Catholic Study Club Christmas luncheon at the Country Springs Hotel. Instrumental ensembles and a number of choral students entertained the members with traditional Christmas music. We were pleased to be invited. It's a great opportunity for our talented musicians and singers!



CAMPUS HI-LITES
ST. JOSEPH

Included in this week's packet

Web Grader Letter
Band Instructions for Christmas Concert
Permission Slip for Band & Chorus Students
Scrip Order Form

Progress Reports

Be sure to check web grader tonight for your student's progress this quarter!

VCR Needed

Does anyone have a VCR just collecting dust? Many of our teachers' audio and visual materials are still in VHS format. It is quite costly to purchase new DVD material. If you do have a VCR please contact the school office, 896-2930. We'd appreciate your donation.

ST. MARY

Reminders from the Office

- ◆ Parents, please don't forget to call your child in absent or tardy. Also, it is helpful to know what your child is home sick with, as we keep track of "what's going around". Thanks.
- ◆ Lost & Found boxes are full. Please stop by before the Christmas break to see if one of the many items are one of your child's. The boxes will be emptied during the Christmas break.

Advent Outreach

The students along with their families are to be commended for the many projects they have undertaken this Advent season. Grades.....are collecting.....

In Today's Packet

- ◆ Secret Santa information
- ◆ Recommended reading from Mrs. Sue Klawans, Resource Specialist

Looking Ahead

Thursday & Friday, December 14th and 15th : Secret Santa Shopping
Saturday, December 16th: Market Day pick-up, multi-purpose room 8:00 – 9:00 a.m.
Wednesday, December 20th: Non-uniform day

ST. WILLIAM

Christmas Concert

The annual SWC Christmas Concert will be tonight, Tuesday, December 12th in the gym. The concert will begin at 7:00 p.m. The students should arrive for the concert at 6:30 p.m. The students should "dress up" for the concert unless their teacher has given specific instructions. The doors to the gym will open at 6:15 p.m.; please keep students with you in the gym until Mr. Radomski comes to get them at the gym doors or they may enter through the glass lobby doors after 6:35 p.m.



Some seats will be reserved for special guests and auction winners. We will also reserve seats for staff and their families. I wish to thank Fr. Leonard and St. William Parish for upgrading the sound system and buying new curtains. Thank you!

Thank you

We wish to thank the men who served and cleaned up on Mother's Day. The crew was led by John Zich. The Moms had a wonderful time.

We want to thank all the Moms who took time out during their busy schedule to spend a few minutes with their child/ren at Mass and School. Thank you!

Accelerated Reader

Any tests taken between Monday, December 11th and Friday, December 22 will be entered into a raffle drawing for the student reader. The prizes will be gift certificates for Scholastic books, plus other prizes.

Advent

Sunday, December 17th is the Third Sunday of Advent. During this season we remember that once we were in darkness, but now we live in the light of the Lord. May we learn to walk as children of the light, doing what is good, right and faithful.

Market day

Orders are due to school by Wednesday, January 3, 2007 or by internet at noon on Saturday, January 6th.

Looking Ahead:

12-12-06 **SWC Christmas Concert 7:00 p.m.**
12-22-06 K4 to 5 Christmas parties/**11:30 Early Dismissal**
12-22 to 1-02-07 Vacation
1-03-07 Wednesday, January 3, 2007 - Classes resume
1-09-07 Meximelt Hot Lunch

